#### **Bulletin and Newsletter Briefs**

November 2010 prepared by CatholicCaregivers.com, a program of the Friends of St. John the Caregiver (www.FSJC.org)

### Caregiving is pro-life!

"My Lord, so many people are afraid to grow old. Give me wisdom to understand the aging process. Keep me alert to the changes in my loved one's life. Make me an alert caregiver. Amen."

--From "The Little Book of Caregiver Prayers, Volume I"

Friends of St. John the Caregiver www.FSJC.org 1-800-392-JOHN

# Caregiving is pro-life!

"My Lord, so many people are afraid to grow old. Give me wisdom to understand the aging process. Keep me alert to the changes in my loved one's life. Make me an alert caregiver. Amen."

--From "The Little Book of Caregiver Prayers, Volume I"

Friends of St. John the Caregiver www.FSJC.org 1-800-392-JOHN

## Caregiving is pro-life!

"Jesus, bless all my family. Help me offer gentle compassionate care, help me love as you showed us to love, and help me always trust in you. Amen."

--From "The Little Book of Caregiver Prayers, Volume I"

Friends of St. John the Caregiver www.FSJC.org 1-800-392-JOHN

# Caregiving is pro-life!

"Jesus, bless all my family. Help me offer gentle compassionate care, help me love as you showed us to love, and help me always trust in you. Amen."

--From "The Little Book of Caregiver Prayers, Volume I"

Friends of St. John the Caregiver www.FSJC.org 1-800-392-JOHN

www.CatholicCaregivers.com

www.YourAgingParent.com

www.FSJC.org